



Our program includes:

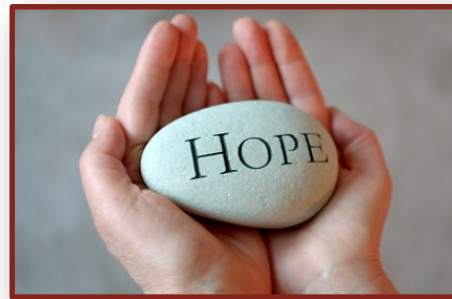
- 1 to 1 counselling
- Group support for relationships
- Information on legal rights and how the court system works
- Help to develop a safety plan
- Information and referrals to other community resources
- Information on the impact of violence on the family
- Help in dealing with relationships

Referral:

KSACC has an open referral system. Women may request services on their own initiative or be referred by other community programs, health care providers, MCFD, or the police.


Our STV program offers counselling to women, ages 19 and up, who have experienced emotional, physical, sexual, psychological, social and/or economic abuse, as well as childhood abuse.


The services are provided free of charge from a strengths-based, feminist, perspective.



Logan Lake - STV program
(cell) 250-682-4380

Chase - STV program
(cell) 250-571-4411

 [Facebook.com/kamloopsassaultcentre](https://www.facebook.com/kamloopsassaultcentre)

 [Twitter.com/ksacc_ksacc](https://twitter.com/ksacc_ksacc)

Funding for the STV program is provided by:

Ministry of Public Safety
& Solicitor General



Kamloops Sexual Assault
Counselling Centre



STOPPING THE VIOLENCE PROGRAM

for

Women ages 19 & older

P: 250-372-0179

#601 - 235 First Ave
Kamloops, BC

Office hours:
Monday - Friday
8:30 am - 4:30 pm

www.ksacc.ca

STV COUNSELLING

Individual, group, and relationship counselling services are available.

Individual Counselling:

1-1 counselling and emotional support.

Group Counselling:

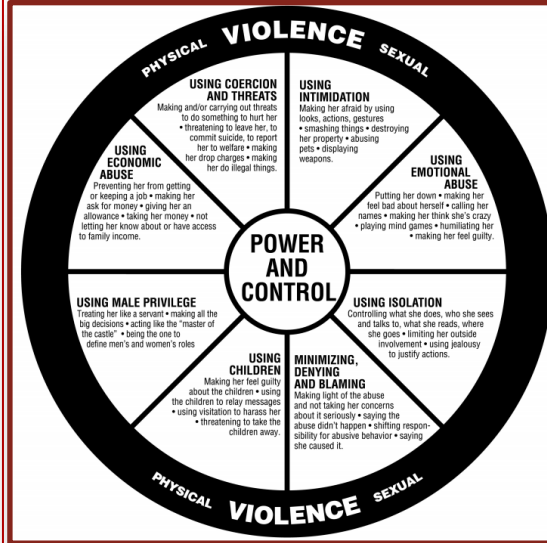
Group and family counselling and emotional support.

Relationship Counselling:

A healthy relationship should not hurt. If you feel your relationship is unhealthy and/or abusive, please give us a call and a member of our counselling team can help you.

Safety Planning:

We will help you develop a plan that promotes greater safety for you and your children.



If you or someone you care about is the victim of violence, please contact us.



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250-372-0179

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Kamloops, B.C. V2C 3J4

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Or VICTIM LINK at:

1-800-563-0808

(The line is available 24/7, in multiple languages)

SIGNS OF ABUSE

Controlling:

Interrogates you intensely about whom you talked to and where you were; keeps all the money; insists you ask permission to go anywhere or do anything.

Isolation:

Tries to cut you off from family and friends; accuses people who are your supporters of "causing trouble." The abuser may deprive you of a phone or car or try to prevent you from holding a job.

Makes Others Responsible For His/Her Feelings:

The abuser says, "You make me angry" or "You're hurting me by not doing what I tell you."

Hypersensitivity:

Is easily insulted, claiming hurt feelings when he/she is mad. Rants about the injustices of things that are just a part of life.

Cruelty To Animals Or Children:

Kill or punishes animals brutally. Also may expect children to be capable of doing things that are far beyond their ability (i.e., whips a 2 year old for wetting a diaper) or may tease them until they cry.